

## Code of Ethics & Good Practice for Youth Sport in Gymnastics Ireland

### 4: Code of Conduct for Parents/Guardians

Parents/Guardians should encourage their children to participate in sport for fun and enjoyment. Parents should not attempt to meet their own needs for success and achievement through their children's participation in gymnastics.

**The following guidelines will be of assistance in this regard:**

- Be a role model for your child and maintain the highest standards of conduct when interacting with young people, other parents, Coaches and Officials
- Encourage your child to participate by the rules of gymnastics
- Don't ask "Did you Win or Lose?" Ask "Did you enjoy yourself?"
- Don't just show approval when your child is victorious. Always show approval for effort!
- Don't criticise their performance - seek to identify areas where they can improve
- Respect Official's decisions and encourage young people to do likewise
- Never use any flippant or sarcastic remarks towards any gymnast
- Do not seek to unfairly affect any gymnasts performance
- Show appreciation for Volunteers, Coaches and Club Officials
- Respect the rights dignity and worth of every young person regardless of their gender, ability, cultural background or religion
- Try to attend training and events on a regular basis and assist in Club activities
- Do give advice on the importance of maintaining a balanced lifestyle with regard to exercise, food, rest, work, play etc.
- Do listen to what young people have to say
- Try to appreciate the strength of a young person's emotions - positive and negative
- Do realise the POWER OF EXAMPLE

I confirm that I have read the Code of Conduct and agree to abide by its contents.

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Signature (parent/guardian)

Club

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Print Name

Date